



Do you have a child with a disability?  
Do you remember getting the diagnosis for your child and the difficulties you had?  
Do you want to help other parents who need emotional support?  
Are you a trained Helping Parent?

# *Helping Parent Training and Refresher Girls Day Out*

*Thursday January 10, 2018*

*4:00-8:00 PM*

*WWVDN Offices*

*1520 Pleasant St.*

*Training will include:*

- Dinner
- Skills in communication and active listening
  - Understanding community resources
- Knowledge and confidence to support others in their journey
- Interactive opportunities to connect with other parents and share your story
  - Complimentary 10 minute chair massage
    - hand and nail pampering

*"I am not the only one who has traveled on this path.  
I will follow the footprints before me  
and reach back a hand to those who come behind."*

**Please RSVP at [wwvdn.org](http://wwvdn.org) or text Angie at (509) 540-9880**