

FALL 2018



Parent to Parent c/o Walla Walla Valley Disability Network

Family Links

Jesus, My Super-Hero.



My name is Brenda, I am married to Jesus and have five children: Yulisa, Jacklyn, Daniel, Yanel and Jesus. I am raising my nephew Cesar too. One day, I found myself struggling with my day to day life and having recently been informed of my son's diagnosis, I felt alone. Jesus had been diagnosed with muscular dystrophy (MD), leaving me in a state of fear, and coping with what was now my reality. You see, I didn't know other parents with a child with a disability and although I knew other parents, I felt as they wouldn't understand how I felt as a parent.

In Parent to Parent I found a group of people who has helped me learn and accept new challenges my family may face. People who have walked in the same shoes that I am now. People who not only open their mouth to say something nice to me, but their hearts to make me feel hopeful.

study that we really hoped would bring about encouraging results.

Overall, I am very thankful for Parent to Parent for always being a good support as well as Mamas Especiales because I know they are always there to help me stay strong for my family and especially strong for my son.

Parent to Parent has paved a path that I may need to take in the near future and I feel confident taking the next steps.

Jesus likes to watch the Super Heroes show on tv and he is my personal super-hero, when I feel sad or depressed, I look at him and I get up to continue the battles of everyday, his smile has *super powers* on me.



CHILDREN WITH
SPECIAL NEEDS
AREN'T SENT TO
SPECIAL PARENTS
THEY MAKE
PARENTS SPECIAL

Jesus is now three and a half years old, he's overcome a lot of obstacles we have seen a lot of good and bad. He was recently put on steroids and it has by far been the hardest for me knowing it's only the beginning. I see him doing so good it's scary to think about his future. I am thankful that our family is united, we try to stay positive. It has been a difficult few months because Jesus had to be taken off of a



IEP Essentials from PAVE

A new school year is a great time to take a fresh look at your student's Individualized Education Program (IEP). If your student doesn't have an IEP and you wonder if a disability might be impacting your student's learning, this is a good time to learn about the special education process. This article will help you learn the basics. You can also read PAVE's article about [Evaluation](#), the first step in the IEP process.

As you and your student get ready for school, the most important thing is the "I" in IEP. The "I" is for "Individualized," so no two IEPs are the same! Your student has abilities and skills. A thoughtful IEP high-

lights abilities and helps your student access the supports needed to learn. With an IEP, a student with disabilities can make meaningful progress in school. It also prepares your student for life after high school. An IEP is a team effort, and parents and students who learn about the process and fully participate get on a path for success.

For the full article go to: <https://wapave.org/get-ready-for-school-with-iep-essentials/>

SENIOR PARENT TO PARENT DINNER

**OCTOBER 17TH-SMITH'S FAMILY
RESTAURANT
6:00 PM-7:30 PM**

**NOVEMBER 14TH-SMITH'S FAMILY
RESTAURANT
6:00 PM-7:30 PM**

**DECEMBER-NO MEETING BUT
PLEASE JOIN US AT
THE CHRISTMAS PARTY DECEMBER
4TH**

CHRISTMAS OPEN HOUSE

LOCATION TBA

5:30 TO 7:00

DECEMBER 4TH



Mamas Especiales

Meetings are held at Ysabel's home every month. A typical meeting is a chance to share food, stories and find strength in the support of each other.

Mamas Especiales are walking at Murr Field at 6:30 am. Monday through Friday. Join us!

For more information on joining Mamas Especiales, contact Ysabel Fuentes, P2P Hispanic Outreach Coordinator.

Support group in Spanish, for mothers of children with special needs.



Columbia County

NO-HOST DINNER

September 21

Noble Hunt 232 E. Main St. Dayton WA

5:30 PM

Guest Speaker: DDA

October 19th-Dinner and Bingo

Eagles 222 E. Main St. Dayton WA

5:30 PM

November TBD

Meet and Greet with County Commissioners and Legislatures

December 7th-Christmas Party

Delaney Building 111 S. Third St. Dayton WA

6:00 PM

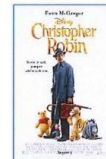
Delaney Building-111 S. 3rd St. Dayton WA

SENSORY FRIENDLY MOVIES

Sound turned down – lights turned up – move around as necessary
HALLETT GRAND CINEMAS – WALLA WALLA

One Saturday per month – Admission is \$5.50
Doors Open at 10:00 a.m. – Movie Starts at 10:30 a.m.

Christopher Robin



August 18, 2018

House with a Clock in its Wall



September 29, 2018

Small Foot



October 13, 2018

The Grinch



November 17, 2018

Ralph Breaks the Internet



December 1, 2018

www.wallawalla.hallettcinemas.com

cut out photos for calendar reminders!



Executive Director
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DONATE TODAY @
Www.wwvvn.org



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Support Meeting with Angie

Would you like to meet another mother with a child with a disability?

Angie Parent to Parent Coordinator wants to meet you and find ways to help you to access services resources connect with other families and find support in our community. Bring your questions and your stories.

Dates:

October 6th
November 3rd
December 1st

To RSVP contact Angie witt, P2P Coordinator (509)540-9880.

Special Needs Moms a Look Inside

You may think us "special moms" have it pretty rough.
We have no choice. We just manage life when things get really tough.
We've made it though the days we thought we'd never make it through.
We've even impressed our own selves with all that we can do.

We've gained patience beyond measure, love we never dreamed of giving.
We worry about the future but know this "special" life's worth living.
We have bad days and hurt sometimes, but we hold our heads up high.
We feel joy and pride and thankfulness more often than we cry.

For our kids, we aren't just supermoms. No, we do so much more.
We are cheerleaders, nurses, and therapists who don't walk out the door.
We handle rude remarks and unkind stares with dignity and grace.
Even though the pain they bring cannot be erased.

Therapies and treatment routes are a lot for us to digest.
We don't know what the future holds but give our kids our best.
None of us can be replaced, so we don't get many breaks.
It wears us out, but to help our kids, we'll do whatever it takes.

We are selfless, not by choice, you see. Our kids just have more needs.
We're not out to change the world, but want to plant some seeds.
We want our kids accepted. That really is our aim.
When we look at them we just see kids. We hope you'll do the same.

-April Vernon

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You shop. Amazon gives.

Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.

Support your charitable organization by starting your shopping at smile.amazon.com

Go to shopping at

smile.amazon.com/ch/47-1298237 and Amazon donates to **Walla Walla Valley Disability Network!**