





# **Autism Spectrum Disorder Resources for Walla Walla Region:**

# **General Information** for parents and families:

Autism Speaks <u>www.autismspeaks.org</u>

- The 100-Day Kit (families who have received an Autism diagnosis within the last 6 months can request a free hard copy. English and Spanish)
- Tool-kits and information about topics (ex. Sleep, constipation, safety)

### Partnership Access Line

https://www.seattlechildrens.org/globalassets/documents/healthcare-professionals/pal/family/wa-family-autism-resources.pdf (English)

https://www.seattlechildrens.org/globalassets/documents/healthcare-professionals/pal/family-spanish/sp-wa-family-autism-resources.pdf (Spanish)

• Resources for families: Autism Handout

Seattle Children's Autism Center

https://www.seattlechildrens.org/clinics/autism-center/patient-family-resources/

Many resources, including The Autism Blog and Autism 101/200 classes

### Yakima Children's Village

- helps children with special health and developmental needs and their families.
- https://www.yakimachildrensvillage.org/

### **RUBI Autism Network**

## https://www.rubinetwork.org

Parent Workbook in English and Spanish (cost associated)

### **Online Trainings/Information**

Informing Families Website

- Valuable Resource that has information by age and stages of life, Ready Set Know Handouts, videos and bulletins
- https://www.informingfamilies.org/

Autism Internet Modules <a href="https://autisminternetmodules.org/">https://autisminternetmodules.org/</a>

 50 free online, self-paced modules designed for caretakers and professionals

**AFIRM Modules** 

https://afirm.fpg.unc.edu/afirm-modules

Free online caregiver/instructor modules using evidence-based practices

## **Local/Regional Resources for Families**

Walla Walla Valley Disability Network <u>www.wwvdn.org</u> (509)255-3779

Information, trainings, and Support, including local resources for families of children with special needs. Sponsors Parent to Parent.

Parent to Parent (P2P) Walla Walla

- Geneva Arevalo, P2P Coordinator/Informing Families Coordinator: p2p@wwvdn.org (509) 255-3727
- Ysabel Fuentes, Hispanic P2P Coordinator/Informing Families Coordinator: p2pespanol@wwvdn.org
- Serves Walla Walla, Columbia, and Garfield Counties.

#### Parent to Parent TriCities

Provides Information, training, and support for families of children with special needs.

- Melissa Brooks, P2P Coordinator: p2p@arcoftricities.com
- Martha Jones, Multicultural P2P Coordinator: <u>marthaj@arcoftricities.com</u>
- Provides online parent classes, including new ASD diagnosis Navigation
- https://arcoftricities.com/resources/local-resources-directory

### **ABA Therapy**

**Focused Behavior Solutions** 

https://www.focusedbehaviorsolutions.com/wallawalla

- 1 800-781-5536 or admin@focusedbehaviorsolutions.com
- Accepts Medicaid

Tele-ABA providers for WA and OR

• Positive Behavioral Supports Corporation: <u>www.teampbs.com</u>

ABA providers for Milton Freewater:

 Greater Oregon Behavioral Health Inc. (GOHBI), referred through Lifeways: <a href="https://www.lifeways.org/milton-freewater-oregon">www.lifeways.org/milton-freewater-oregon</a>

## **ABA** providers For Tri-Cities

• Forta: <a href="https://www.fortahealth.com/aba-therapy">https://www.fortahealth.com/aba-therapy</a>

### **Functional Behavioral Solutions**

- (509) 200-3004
- Private Pay Only
- Serves Children 2-12 years

## Speech/Language and Occupational Therapy

Providence Outpatient Therapy <u>www.providence.org</u> (509) 897-3320

Accepts Medicaid

Columbia County Health System (509) 382-2531

- Dayton General Hospital <u>www.cchd-wa.org</u>
- Accepts Medicaid

Sensory Products: <u>www.therapyshoppe.com</u>

Picture Communication: www.do2learn.com

#### **Additional Resources**

Developmental Disabilities Administration (DDA/DDCS)

Provides different services and supports for those who are eligible not based on family income

- WA: https://www.dshs.wa.gov/dda (509) 394-1069
- OR: <a href="https://www.co.umatilla.orr.us/dd/index.html">https://www.co.umatilla.orr.us/dd/index.html</a>
- 1371 W. Pine St in Walla Walla by appointment only call 1800 462-0624

CYSHCN https://www.co.walla-walla.wa.us/government/health\_department/cyshcn.php

 Department of Community Health-Children and youth with special healthcare needs resource page

#### Supplemental Security Income

- Benefits based on family income if individual with disability is under 18
- Benefits based on individual's income if 18 and older
- https://www.ssi.gov/apply/ssi or 1-800-772-1213

#### Ben's Fund

- <a href="https://www.bensfund.org/apply-to-our-grant/">https://www.bensfund.org/apply-to-our-grant/</a>
- Grants of up to \$1000 for Washington families with children with ASD

Big Red Safety Box

- Those diagnosed with an Autism Spectrum Disorder, and who are at risk of wandering/bolting from a safe environment, qualify to receive a Big Red Safety Box while supplies allow.
- https://nationalautismassociation.org/big-red-safety-box/

### **Medication Consideration**

- Information about using medication to help with behavioral symptoms of ASD can be found through Autism Speaks
- https://www.autismspeaks.org/tool-kit/atnair-p-medication-decision-aid